

# March 2026 Newsletter

Empowering Future Physicians, Advancing Medicine, and Connecting Communities.

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## Current Active Committees for EC 2026

- Membership Committee\*: Chair - Dr. Tehreem Irfan
- Communication and Publication Committee\*: Co-Chairs - Dr. Omar Khokhar and Dr. Shazia Ali
- Qarz-e-Hasna Committee\*: Chair - Dr. Sana Imran (AD-HOC)
- Research & Innovation Committee\*: Co-Chairs - Dr. Iftikhar Chaudry and Dr. Attiya Haroon
- Clinical and Observership Committee\*: Co-Chairs - Dr. Shahzad Ansari and Dr. Asmat Ullah
- Endowment Committee\*: Co-Chairs - Dr. Faiz Cheema and Dr. Rizwan Iqbal

## A Message from RMCAANA

At RMCAANA, our mission is to strengthen Family Medicine, expand opportunities for residents and medical students in Pakistan, and foster global connections for RMU graduates. We proudly support primary care physicians, the backbone of every robust healthcare system.

## Family Diploma & Family Medicine Program

### Intake: June 2026

RMCAANA is pleased to announce the opening of applications for the Family Diploma & Family Medicine Program, commencing in June 2026. This structured program aims to:

- Enhance clinical competency in comprehensive primary care
- Provide academic and practical training in Family Medicine
- Offer mentorship and professional development
- Strengthen career pathways for community health-focused physicians

Family Medicine plays a vital role in improving healthcare access and continuity in Pakistan. Through this diploma program, RMKHana aims to develop skilled, compassionate physicians serving diverse communities.

For further details and application information, please visit:

<https://rmur.edu.pk/admission-notice-for-postgraduate-programs-fall-2026/>

We encourage interested medical graduates and residents to explore this opportunity.

## QARZ-E Hasna Program

### For RMU Graduates in the U.S. & Canada

The Qarze Hasna Program supports RMU graduates practicing in the United States and Canada, fostering professional networking, mentorship, academic collaboration, and philanthropic engagement.

Eligible RMU graduates are invited to apply, participate, contribute, or connect with the program coordinator at [garzehasnarmc@gmail.com](mailto:garzehasnarmc@gmail.com).

### Supporting Residents and Medical Students in Pakistan

RMCAANA advocates for increased awareness of Family Medicine, structured training pathways, academic enrichment opportunities, and cross-border mentorship.

## Current Projects at RMCAANA

Our ongoing initiatives include:

- Expanding Family Medicine training programs
  - Alumni engagement across North America
  - Structured mentorship networks
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- Academic partnerships and collaborative teaching models
- Community-based healthcare strengthening projects

## **Get Involved**

Whether you're a medical student, resident physician, RMU graduate, or healthcare supporter, there's a meaningful way to contribute. Visit our website to learn more, apply to programs, donate, or connect with our leadership team.

Together, we can strengthen future medicine and empower the next generation of physicians.

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